



Big Harvest Distributing

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## Pedal Instructions

Thank you for purchasing FATWHEELS® Pedals. Please read these instructions thoroughly before you decide whether you should install them yourself, or get help from a competent bicycle mechanic.

The first step to installing your new set of FATWHEELS® Pedals is to Identify the Left vs Right pedal. There is a "L" or "R" stamped into the metal part of the pedal near the thread.

**Note:** "Left" and "Right" pedals will be installed on the corresponding side of the bike. "L" and "R" are identified by assuming that a rider is seated on the bicycle with feet engaged on the pedals.

### Removing and Installing Pedals

1. Starting with the left side remove the original pedal. Most pedals use a 15mm open end wrench. Using the appropriate size wrench, rotate the pedal COUNTER-CLOCKWISE and remove the pedal.
2. Locate the FATWHEELS® Pedal marked "L" and apply a light coat of grease to the thread.
3. You will have to screw the pedal COUNTER-CLOCKWISE because the threading is the reverse of a typical screw. Start the thread by hand and DO NOT USE THE WRENCH until you are ready to tighten it for the final few turns. Tighten it down until firmly seated and then apply as much pressure as possible.
4. Follow the same principals as discussed in Step 2 for the Right pedal (marked "R"). This one threads CLOCKWISE, like a typical screw.
5. Wipe off any excess grease from around the backside holes and pedal screws.
6. Fit the pedal straps loosely to the rider's feet.

### Note:

Do not bind the rider's feet too tightly to the pedals. Leave the strap slack so the rider can disengage their feet in the event of a fall.

**Failing to do so can cause unnecessary harm to the rider.**

